



# Adaptive Equipment & Caregiving Corner

*If you can't do it, adapt it!*™

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## Questions to Ask Prior to DC

1. Does the patient need someone to stay with them for now?
2. Does the patient need someone to assist them when they are up with their walker?
3. Do we need a gait belt?
4. Does the patient have any restrictions or precautions regarding getting up or moving around?
5. Be sure to review with PT how to get the patient safely into the home.
6. If the patient is dealing with pain, ask if pain medication can be administered just before leaving the hospital.
7. If the client has a walker, remember to bring it on discharge day, if needed.
8. Did the patient start exercises and if so, ask for a copy of instructions.
9. Does the patient have hip precautions?