



Caregiver Levels of Assistance

Independent (I)- individual requires no assistance or supervision from person or assistance from a device to complete an activity.

Modified Independent (MI)- individual completes a task with the use of a device (e.g., cane, walker, BSC, grab bar, etc.) and/or requires extra time to complete the activity.

Standby Assistance (SBA)- no physical contact is required by caregiver; the individual requires supervision or verbal cues to complete the activity.

Contact Guard Assistance (CGA)- individual requires light physical contact from caregiver (e.g., light touch to steady the individual without actual support)

Minimal Assistance (Min A)- caregiver provides 25% or less of the assistance needed to complete the activity.

Minimal to Moderate Assistance (Min/Mod A)- caregiver provides from 25% to 50% of the assistance needed to complete the activity.

Moderate Assistance (Mod A)- caregiver provides- caregiver provides at least 50% of the assistance needed to complete an activity.

Moderate to Maximal Assistance (Mod/Max A)- caregiver provides from 50% to 75% of the assistance needed to complete the activity.

Maximal Assistance (Max A)- caregiver provides 75% or more of the assistance needed to complete an activity.

Dependent/Total Assistance (D/Total A)- caregiver provides 100% assistance or support to complete the activity.
